



Product Fact Sheet

Korean White Ginseng



THE TIME-TESTED VITAL ESSENCE TONIC

This form of Asian ginseng helps balance hormone secretion, nourishing the muscles, mind, and nervous system.* Korean White Ginseng has been used as a qi (vital essence) tonic in Chinese medicine for thousands of years. Known for its sweet herbal taste, it's thought to help fight stress, balance the body's systems, and improve concentration, memory, and work efficiency.* Korean White Ginseng is also known as *Panax* Ginseng.

PHILOSOPHY OF REGENERATION®

The most common method to encapsulate and package herbs in the health food industry is to grind up the herbs and fumigate or irradiate as necessary. In contrast, Sunrider never fumigates or irradiates its herbs. Instead, our environment-friendly approach uses a multi-step nutrient-enhancing concentration process that includes hand- and machine-cleansing, extraction, spray-drying, and flo-coating). This complex process captures the whole nutrition of the herb while removing the indigestible parts such as the husk and cellulose. This results in a product unsurpassed in concentration, purity, and safety.

FAQS

- Q:** Korean White Ginseng is often referred to as an "adaptogen," what does that mean?
- A:** This type of ginseng is an ancient tonic herb that has been used as a qi (vital essence) tonic in Chinese medicine for about 5,000 years. A member of the Asian grouping of ginseng, it was introduced in Europe several times from the ninth century on, but assumed no importance in Western medicine until studies by Soviet scientists in the 1950s. Then it was established as an "adaptogen" (something that can be taken as food or a supplement that tends to normalize the body's functions). Korean White Ginseng traditionally has been used to help stimulate as well as relax the body's systems. It is used as an adaptogen for increasing overall resistance to stress.*
- Q:** What is the qi?
- A:** In traditional Chinese medicine, the qi (pronounced "chee") is a universal energy that works as the body's vital life force. For people, the qi is a combination of the innate selves that we inherit from our parents and the essential natural substances like air, food, and water that we take into our bodies. Eating healthy food and breathing fresh air are the first steps toward creating a healthy balance within our bodies.



OWNER EXPERTISE
FORMULATION



KOSHER
CERTIFIED



SELF-
MANUFACTURED



HALAL
CERTIFIED



MADE WITH NATURAL
INGREDIENTS

BENEFITS

- Relieves stress*
- Promotes a sense of well-being*
- Nourishes the mind and body
- Super concentrated

RECOMMENDATION

Take two capsules at mealtimes.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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